

# Where does your money go?



Every dollar you raise for Gidget Foundation Australia will help grow awareness, provide advocacy and deliver vital services for the treatment of perinatal depression and anxiety.

\$50



Can provide a family with a Gidget Bunny Book set to support them with self-care strategies.

\$150



Can provide a range of specialist fact sheets and resources for parents in need.

\$300



Can provide a Clinical Psychological session for an expectant or new parent in need, either face-to-face or via telehealth.

\$500



Can contribute to the provision of safe, moderated peer support for expectant and new parents in need in the Gidget Virtual Village.

\$3000



Can provide the complete care of one family of up to 10 sessions of specialist support when they need it most.

